



**broadlawns**  
COMMUNITY RESOURCE  
**DIRECTORY**



## Together a healthy community.

Broadlawns Medical Center is more than an acute care, community hospital. Our medical campus includes the main hospital where we provide both inpatient and outpatient services; as well as specialty clinics that provide dental, medical, surgical, mental health and primary care services.

### Our Mission:

Working together to build a healthy community through the delivery of accessible, cost effective and high quality patient care.

### Our Values:

Excellence. Compassion. Learning. Leadership

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Broadlawns Medical Center’s Academy offers educational resources, health promotions and learning opportunities for our staff, patients and the community. Information about our support groups, classes, health promotions, and clinical offerings is available on our website ([www.broadlawns.org](http://www.broadlawns.org)) under the About Us tab or by calling the BMC Academy at (515) 282-2458.

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***Broadlawns Medical Center is dedicated to caring for you.***

**For other services not listed, contact “First Call for Help”  
Dial 2-1-1, local dial 246-6555 or Toll Free: (800) 244-7431,  
Text your Zip Code to 898211**

*Disclaimer: The information provided in this booklet is not all inclusive of the resources available in the community; it is provided as a service to meet the needs of Polk County residents seeking information and services in the community.*

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## BROADLAWNS MEDICAL CENTER

24/7 Crisis Team (Mental Health) .....	282-5752
Adolescent Behavioral Health .....	282-5695
Behavioral Health Urgent Care .....	282-5742
Billing (Patient Accounts) .....	282-1100
Broadlawns Operator .....	800-373-2806 or 282-2200
Cardiology Clinic .....	282-2210
Case Management Services .....	282-6669
Chaplain Services .....	282-2200
Cityville Clinic .....	282-2489
Dallas Center Medical Associates .....	992-3711
Dental Clinic .....	282-2421
Diabetic Education .....	282-2546
Diagnostic Clinic .....	282-2403
Ear, Nose, and Throat Clinic (ENT) .....	282-7750
East University Clinic – 2508 E University Ave .....	282-3278
ECT .....	282-8780
Emergency Department .....	282-2253
Endocrinology .....	282-3041
Eye Clinic .....	282-2362
Family Birthing Center .....	282-2260
Family Health Center .....	282-2334
Family Optical .....	282-3362
Financial Counseling Services .....	282-2246
FOCUS Program .....	282-6885
Foot & Ankle Clinic .....	282-3668
Gastroenterology Clinic .....	282-2234
Geriatric Medicine & Memory Clinic .....	282-5700
Information Desk .....	282-2435
Injection Clinic .....	282-5695
Inpatient Behavioral Health .....	282-5730
Integrated Health Home (IHH) .....	282-6770
Intensive Care Unity (ICU) .....	282-2316
Internal Medicine .....	282-5759
Mammography .....	282-2309
Medical-Surgical Unit .....	282-2262
Medical Records .....	282-2482
Nephrology .....	282-4074
Neurology Clinic .....	282-2463
New Connections Addiction Treatment Services .....	282-6610
OBGYN .....	282-2340
Oncology/Hematology Clinic .....	282-8290
Orthopaedics Clinic .....	282-8844
Outpatient Behavioral Health .....	282-5695
Pain Management Clinic .....	282-8270
PATH .....	282-6770
Patient & Guest Relations .....	282-2323
Pediatric Clinic .....	282-2700
Pharmacy, Prescription Refills .....	282-2378
Physical/Occupational/Speech Therapy .....	282-5621
Plastic Surgery Clinic .....	282-8280
Primary Care Clinic .....	282-2273
Pulmonary .....	282-6246

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## BROADLAWNS MEDICAL CENTER (cont.)

Radiology .....	282-2259
Residential Group Homes .....	244-8381
Same Day Surgery .....	282-2385
Service Coordination (Behavioral Health Services) .....	282-6770
Sleep, Lung and Allergy Center .....	282-4015
Sleep Lab .....	282-6246
Supported Community Living .....	282-6770
Surgery Clinic .....	282-2359
Urgent Care Clinic .....	282-2501
Urology Center of Iowa .....	282-7390
Vein Center of Iowa .....	243-8346
W.I.C. (Women, Infants & Children) .....	282-5800

## ADDICTION SERVICES

### National Substance Abuse

#### Treatment Referral Line ..... 800-662-4357

Access To Recovery (ATR) .....	866-923-1085
Alcoholics Anonymous (AA) – Central Office .....	282-8550
Alternative Interventions – 3116 Ingersoll Ave .....	778-7989
Beacon of Life – 1717 Woodland Ave .....	244-4713
Bridges of Iowa – 1985 NE 51st Pl .....	287-8255
Capstone Behavioral Health – Newton .....	641-792-4012
Center for Behavioral Health Iowa – 95 University Ave .....	244-9500
Center for Interpersonal Effectiveness – Ankeny .....	289-9136
Cocaine Anonymous .....	800-347-8998
Community Access & Life Management – 333 SW 9th St .....	554-0878
Employee and Family Resources (EFR) – 505 5th St .....	243-4200
Wadle Associates – Urbandale .....	270-1344
Harbor of Hope – 365 Cottage Grove .....	244-0370
House of Mercy – 1409 Clark St .....	643-6500
Integrated Treatment Services – Newton .....	641-792-0045
Living Recovery, LLC - 8527 University Blvd .....	402-5422
Mercy First Step Recovery Center .....	271-6075
Mosaic Family Counseling Center .....	724-8920
Narcotics Anonymous – Iowa .....	800-897-6242
New Beginnings Counseling Service .....	401-6886
New Connections (Broadlawns) .....	282-6610
New Sight, Inc. – 2340 Euclid Ave .....	263-0019
Powell Chemical Dependency Ctr. – 700 E University Ave .....	263-2424
Prelude Behavioral Services	
3451 Easton Blvd .....	262-0349
4014 Kingman Blvd .....	255-3373
St. Gregory Recovery Center- 601 2nd St. Bayard .....	263-0019
Teen Challenge of the Midlands – Colfax .....	674-3713
United Community Services (UCS)	
Ankeny – 1555 SE Delaware Ave .....	280-3860
West Des Moines – 1300 Woodland Ave .....	280-3860
Urban Dreams SAFE – 601 Forest Ave .....	288-4742
Zion Recovery Services	
Adel .....	993-5243
Perry .....	465-9310
Waukee .....	987-0510

## RESIDENTIAL PROGRAMS FOR MEN

Bethel Mission-Stabilization Dorm – 1310 6th Ave .....	244-5445
Bethel Mission-STEP Program – 6701 SW 9th St .....	244-5445
Bridges of Iowa, Inc. ....	287-8255
Door of Faith-Recovery Center .....	974-0545
Door of Faith Mission-STAR Program .....	974-0545
Hope Ministries-Journey of Hope .....	265-7272
Salvation Army Adult Rehab Center – 133 E. 2nd St .....	243-4277

## RESIDENTIAL PROGRAMS FOR PREGNANT WOMEN AND WOMEN WITH CHILDREN

Hope Center for Women & Children – 3333 E University Ave .....	264-0144
House of Mercy – Des Moines .....	643-6500
Rosecrane Jackson Women & Children Center	
Sioux City .....	712-258-4578

## ADVOCACY SERVICES

ASK Resource Center – 5665 Greendale Rd Ste D .....	243-1713
Brain Injury Alliance of Iowa .....	855-444-6443
Citizens' Aid/Ombudsman – 1112 E Grand Ave .....	281-3592
Disability Rights Iowa .....	800-779-2502 or 278-2502
Relay-711 .....	866-483-3342
Epilepsy Foundation Iowa - 111 9th St. ....	238-8528
Home, Inc. (Landlord / Tenant issues) - 1618 6th Ave .....	243-1277
Iowa Department of Human Rights .....	242-5655
Job Accommodation Network (JAN) .....	800-526-7234
Managed Care Ombudsman Program .....	866-236-1430
Medicare Rights Helpline .....	800-333-4114
Monsoon Multi-lingual Advocacy Program .....	288-0881
Patient Advocate Foundation .....	800-532-5274
Polk County Crisis & Advocacy Services .....	286-3600
Taxpayer Advocate Service Assistance	
Advocate .....	564-6888

## AGING RESOURCES

Adult Abuse Reporting Hotline .....	800-362-2178
Aging Resources of Central Iowa .....	800-747-5352
Elderly Nutrition Program .....	255-1310
Family Caregiver Program .....	633-9513 or 633 9508
DART Reduced Fair Senior Program .....	283-8100
Eldercare Locator .....	800-677-1116
Elderly Commodity Food Program .....	286-3655
Elderly Housing (Subsidized/Low rent)	
AHEPA 192 Apts .....	963-9519 or 276-6766
Apartments of River Trace .....	288-4398
Baker Creek Senior Living .....	564-6561
Candleridge of Bondurant .....	238-4506
Candleridge of Runnells .....	238-4506
Christ the King Senior Housing .....	564-6561
Clover Ridge Apartments .....	999-9160

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## AGING RESOURCES (cont.)

Corinthian Gardens .....	280-3531
East View Manor .....	323-8950
Elsie Mason Manor .....	243-8759
Frank W Smith Retirement Center .....	277-9621
Highland Park Plaza .....	323-8972
Lake Park Apartments Polk City .....	999-9160
Ligutti Towers .....	244-1245
Logan Park Apartments .....	262-3472
Oak Park Plaza .....	323-6878
Oakwood Terrace Apartments .....	313-6878
Penelope 38 Senior Apartments .....	965-5987
Plymouth Place .....	274-0438
Royal View Manor .....	323-8950
South View Manor .....	323-8950
Southridge Senior Residences .....	287-4422
Stone Crest Apartments .....	265-2172
Uplift Manor Apartments .....	279-8808
Valley West Apartments .....	223-0084
Village South Apartments .....	865-7430
Virginia Park Apartments .....	288-5616
Wakonda Village Apartments and Manor .....	287-3210
Iowa Department on Aging .....	725-3333
Legal Hotline for Older Iowans .....	800-992-8161
LifeLong Links .....	866-468-7887
Peer Advocate .....	286-2112
Health Clinic, Information & Referral, Nutrition (Meal)	
Services, Peer Advocate Program, Transportation	
Senior Citizen Centers (Polk County)	
Central Senior Center – 2008 Forest .....	286-3677
East Senior Center – 1231 E 26th .....	265-8461
Northside Senior Center – 3010 6th Ave .....	288-1524
Northwest Community Ctr. – 5110 Franklin .....	279-2767
Norwoodville Community Ctr. – 3077 NE 46th .....	266-5794
South Senior Center – 100 Payton .....	287-0092
Westside Community Center – 134 6th St .....	274-0373
Senior Health Insurance Information Program (SHIIP) ..	800-351-4664
Iowa Medicaid member Services .....	800-735-2942
Senior Services of Polk County .....	286-3679
Peer Advocate Program .....	286-2112
Transportation .....	286-3679
Senior Transportation Information Outside of Polk County	
HIRTA Public Transit .....	877-686-0029

## BABY SUPPLIES

*Please call in advance to determine eligibility requirements.  
Some supplies given on an emergency basis only.*

Agape Pregnancy Center – 2550 MLK Jr Pkwy .....	255-0243
Alpha Women Center Ankeny – 114 SW State St.....	965-7885
Alpha Women Center DSM – 3605 SE 14th St.....	285-5700
Bidwell-Riverside Center – 1203 Hartford Ave .....	244-6251
Catholic Charities Outreach Center – 1815 Hubbell Ave...	262-7290
Cross Ministries – 1050 24th St.....	279-9998
Salvation Army Citadel Family Srvc. – 1216 E 25th Ct...	266-3156
Salvation Army Family Services – 1330 6th Ave .....	282-3422
St. Vincent De Paul Society – 1426 6th Ave.....	282-8327
Urbandale Food Pantry – 7611 Douglas Ave .....	251-6688
WDM Human Services – 139 6th St.....	222-3660
Young Women's Resource Ctr. – 818 5th Ave.....	244-4901

## CAREGIVER SUPPORT SERVICES

Aging Resources of Central Iowa .....	
Iowa Family Caregiver Program .....	255-1310
Family Caregiver Alliance .....	800-445-8106

### VA CAREGIVER SUPPORT

VA Caregiver Support .....	855-260-3274
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## CASE MANAGEMENT SERVICES

### MENTAL HEALTH

Broadlawns Medical Center River Plaza – 2300 Euclid Ave.....	
Community Access Prog.(CAP).....	282-6451
Integrated Health Home (IHH).....	282-6451
Positive Alternatives to Hospitalization (PATH) Program .....	282-6451
Community Support Advocates – 6000 Aurora Ave.....	883-1776
Eyerly Ball – 945 19th St.....	241-0982
PACT Program	
Supported Comm. Living (SCL)	
Service Coordination (SC)	

### DEVELOPMENTALLY DISABLED

ChildServe 5406 Merle Hay, Johnston .....	727-8750
Easter Seals – 401 NE 66th Ave .....	289-1933
Goodwill Industries of Central Iowa .....	265-5323
Link Associates – 1452 29th St, WDM .....	262-8888

### DISABILITY

ChildServe – 5406 Merle Hay Rd.....	727-8750
Community Support Advocate .....	883-1776

### HOMELESS

Primary Care Outreach Project – 1200 University Ave ...	248-1447
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## MATERNAL & CHILD HEALTH

Creative Visions 1343 13th St .....	244-4003
Early Head Start Program .....	271-1854
EveryStep – 1111 9th St #320 .....	288-9972
Care for Kids.....	283-1422
Connections Program.....	558-9946
Healthy Starts/Empowerment.....	558-9946
Lutheran Services of Iowa	
Healthy Starts/Empowerment.....	271-7471
HOPES Program .....	271-7472

### REFUGEES

LSI Catholic Charities – 601 Grand Ave .....	271-7411
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### SENIORS

Aging Advocates.....	244-3070
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### YOUTH

EFR-Project Uplift – 1446 MLK Jr Pkwy.....	243-5879
Success Program – Des Moines Public Schools.....	242-8394

## CHILD CARE ASSISTANCE & REFERRAL

**See also: Education Services**

Centralized Child Care Assistance Eligibility Unit	
2309 Euclid Ave .....	868-448-4605
Child Care Aware of America.....	800-424-2246
Daycare Assitance.....	283-9215
Iowa Child Care Resource & Referral .....	855-244-5301
Project Shine: WDMCS .....	633-5010

## CLOTHING, FREE

*Please call in advance to determine eligibility requirements.*

AGAPE (infant & maternity) – 2550 MLK Jr Pkwy .....	255-0243
Alpha Women & Children Center – 114 SW 8th St.....	965-7885
Alpha Women & Children Center – 3605 SE 14th St.....	285-5700
Amazing Grace Ministries – 1903 53rd St .....	277-9062
Bethel Mission – 1310 6th Ave .....	244-5445
Bidwell Riverside Center – 1203 Hartford Ave .....	244-6251
Capitol Hill Lutheran Church – 511 Des Moines St .....	244-8913
Catholic Charities Outreach Center - 1815 Hubbell Ave	262-7290
Children & Family Urban Movement – 1548 8th St .....	282-3242
Clive Community Services – 2190 NW 82nd St Ste.A.....	257-8550
Eddie Davis Community Ctr. – 1312 Maple St .....	277-1103
Encore Thrift Store – 4640 Merle Hay Rd .....	262-0876
Epworth United Methodist Church – 412 Euclid Ave ...	243-3817
Highland Park Christian Church – 4260 NW 6th Dr.....	244-3182
Hope Ministries Thrift Store .....	262-0876
Johnston Partnership Place – Merle Hay Rd.....	528-2379
Missions Church .....	255-2122
Park Ave. Christian Church – 3219 SW 9th St .....	288-1914
Proteus, Inc. – 3850 Merle Hay Rd .....	271-5303
St. Vincent De Paul – 1426 6th Ave .....	282-8327

## COMMUNITY SERVICE AGENCIES

*Please call in advance to determine eligibility requirements.*

**Services include: food pantries, personal pantries, utility assistance, weatherization, holiday programs, information and referral, senior programs, and financial assistance.**

Eddie Davis Community Center – 1312 Maple St .....	277-1103
Impact Community Action Partnership .....	248-6216
Polk County Center-Ankeny .....	965-0433
Polk County Center-Army Post.....	274-9496
Polk County Center-Drake Area University Ave ..	518-4770
Polk County Center-Forest Ave .....	248-6216
Boone County Center .....	432-5052
Jasper County Center.....	641-792-3008
Marion County Center .....	641-842-6571
Warren County Center.....	961-2543
Norwoodville Comm. Center – 3077 NE 46th Ave.....	266-5794
WDM Human Services – 139 6th St.....	222-3660

## COUNSELING & MENTAL HEALTH SERVICES

**FREE & SUBSIDIZED**

Catholic Charities - 601 Grand Ave .....	237-5045
CFI Domestic Violence Services – 1111 University Ave...	471-8699
EFR Community Services – 505 5th Ave .....	244-2297
Student Assistance Program .....	240-6090
Employee Assistance Center.....	263-4004
Latinas For a New Dawn (LUNA) – 100 E Euclid Ave.	271-5060
Mind & Spirit Counseling – 8553 Urbandale Ave .....	274-4006
Mosaic Family Counseling Center – 6200 NW Aurora Ave	724-8920
Next Step Counseling – 3812 Ingersoll Ave .....	255-2500
Salvation Army Temple Corp – 1326 6th Ave .....	282-3227
Young Women's Resource Center – 818 5th Ave .....	244-4901

### PREGNANT WOMEN

Alpha Women Center - DSM – 3605 SE 14th St.....	285-5700
Alpha Women Center - Ankeny – 114 SW State St.....	965-7885
Avalon Center.....	866-722-0070
Bethany Christian Services .....	800-238-4269
Planned Parenthood of Greater Iowa .....	877-849-0782

## DENTAL SERVICES

**FREE & SUBSIDIZED**

Broadlawns Center – 1761 Hickman Rd .....	282-2421
DMACC Dental Clinic – 2006 S. Ankeny Blvd .....	964-6200
I-Smile Program: VNS Dental Clinic – 1111 9th St .....	557-9023
Dallas County	Polk County
Madison County	Wwarren County
Polk County Health Dept. (0-20).....	286-3798
Primary Health Care Dental Clinic – 2353 SE 14th St ..	248-1470

## DOMESTIC ABUSE SERVICES

ACCESS: Assault Care Center - Boone .....	432-3606
Catholic Charities Domestic Violence & Sexual Assault Program .....	888-612-0266
CFI Domestic Violence Services – 1111 University Ave...	471-8699
Crisis Line (local) .....	243-6147
Crisis Intervention & Advocacy Center – Adel	
Domestic Violence Hotline.....	800-400-4884
Sexual Assault Crisis Line .....	800-550-0004
Iowa Domestic Violence Hotline .....	800-770-1650
Iowa Sexual Abuse Hotline.....	800-284-7821
Iowa Victim Service Call Center .....	800-770-1650
Latinas For a New Dawn (LUNA) ....	866-256-7668 or 271-5060
Monsoon: United Asian Women of Iowa.....	866-881-4641
National Domestic Violence Crisis Line .....	800-799-7233
National Sexual Assault Hotline.....	800-656-4673
National Teen Dating Abuse Hotline .....	800-331-9474
Nisaa African Family Services – 4994 Franklin Ave ...	255-5430
Polk County Crisis & Advocacy .....	286-3600
Safe at Home Program.....	725-7238
Transformative Healing – 3030 Merle Hay Rd.....	850-8081
Trive Together.....	319-531-7719
Text only .....	661-4015
After 5 pm:Text only .....	855-812-1001

## DISABILITY RESOURCES

ARC of Iowa 1145 11th St - WDM .....	664-2252
ASK Family Resource Center – 5665 Greendale Rd.....	243-1713
Autism Society of Iowa .....	327-9075
Central Iowa Center for Independent Living.....	243-1742
ChildServe - Johnston Center .....	727-8750
Community Support Advocates – 6000 Aurora Ave.....	883-1776
Disability Rights Iowa .....	800-779-2502 or 278-2502
Easter Seals Iowa - 401 NE 66th Ave .....	289-1933
Autism Resource Lending Center.....	309-2395
Assistive Technology Loan Program.....	309-2395
Equipment Loan Program.....	309-2395
Epilepsy Foundation Iowa - 1111 9th St Ste.370.....	238-7660
Goodwill Industries of Central Iowa .....	265-5323
Heartland AEA .....	270-9030
Iowa Compass.....	800-779-2001
Iowa Office of Persons With Disabilities .....	242-5655
Learning Disabilities Association of Iowa.....	209-2290
Relay Iowa.....	7-1-1
Social Security Administration .....	800-772-1213
Vocational Rehab .....	281-4211



## EDUCATIONAL SERVICES

### EARLY CHILDHOOD, HISET CLASSES, ADULT/FAMILY LITERACY

Adult Literacy Center – 3206 University Ave .....	271-3982
Bidwell-Riverside Community Center – 1203 Hartford Ave .....	244-6251
Conmigo .....	242-0225
Creative Visions – 1343 13th St .....	244-4003
DMACC Southridge Center – 1111 E Army Post Rd.....	287-8700
DM Public Schools Head Start .....	242-7588
Drake Head Start .....	271-1854
Early Head Start – Drake.....	271-4741
Evelyn K. Davis Center – 1171 7th St .....	697-7700
Friendship Center – 1526 MLK Jr Pkwy .....	244-1701
Gateway To College – DMACC/DMPS.....	697-7701
Grubb YMCA – 1611 11th St.....	246-0791
Iowa Homeless Youth Centers – 1219 Buchanan St.....	265-1222
Iowa Works.....	281-9619
Job Corp	
Denison .....	712-263-4192
Ottumwa .....	641-682-2000
Urban Dreams – 601 Forest Ave .....	288-4742
WDM Human Services – 139 6th St.....	222-3660

### GED CLASSES

Creative Visions – 1343 13th St .....	244-4003
DMACC – Ankeny.....	964-6200
DMACC Southridge Center – 1111 E Army Post Rd.....	287-8700
Evelyn K. Davis Center – 1171 7th St .....	697-7700
Gateway To College – DMACC/DMPS.....	697-7701
St. Vincent DePaul Society – 1426 6th Ave.....	282-8327

### ENGLISH LANGUAGE LEARNERS (ELL) CLASSES

Adult Literacy Center – 3206 University Ave .....	271-3982
Creative Visions – 1343 13th St .....	244-4003
DMACC Southridge Center .....	287-8700
DMACC – Ankeny.....	964-6200
Friendship Baptist Center – 1526 MLK Jr Pkwy .....	244-1701
Hawthorn Hill .....	283-1911
Hispanic Educational Resources, Inc. (HER).....	282-6542
LULAC (League of United Latin American Citizens).....	261-7270
.....	or 225-6865
New Beginnings.....	255-2181
New Iowan Center – 430 E Grand Ave.....	281-9606
New Life Center.....	288-3353
Oakridge Neighborhood – 1401 Center St .....	244-7702
Proteus .....	800-372-6031
St. Vincent DePaul Society – 1426 6th Ave.....	282-8327
Trinity United Methodist Church – 1548 8th St.....	288-4056
Vineyard Church – 2332 Euclid Ave .....	279-2558
Walnut Creek Church South – 1101 Army Post Rd .....	257-6884
WDM Human Services – 139 6th St - WDM.....	222-3660
WDM Methodist Church – 720 Grand Ave .....	279-0826
Welcome Center/Des Moines Public Schools .....	242-7371
Zion Lutheran Church – 4300 Beaver Ave .....	270-8142

## EMERGENCY/CRISIS LINES

*For life threatening emergencies, please call 911.*

Broadlawns Mental Health Crisis Line (24/7) .....	282-5752
Childhelp National Child Abuse Hotline .....	800-422-4453
Family Violence Center, CFI.....	288-1981
Girls & Boys Town National Hotline (24 /7).....	800-448-3000
Iowa Domestic Violence Hotline (24/7).....	800-942-0333
National Hopeline Network (Suicide Hotline).....	988
National Run Away Switchboard .....	800-786-2929
National Sexual Assault Hotline.....	800-656-4673
National Suicide Prevention Lifeline .....	800-273-8255
National Teen Dating Violence Helpline .....	866-331-9474
National Youth Crisis Hotline .....	800-448-4663
Polk County Crisis & Advocacy Services.....	286-3600
Rape, Sexual Assault Care Center (24/7) .....	286-3535
Trevor Helpline (24/7 crisis line for LGBT).....	866-488-7386

## EMPLOYMENT SERVICES

### IOWA WORKFORCE DEVELOPMENT CENTER [www.iowaworkforce.org/region11/desmoines.htm](http://www.iowaworkforce.org/region11/desmoines.htm) ASSESSMENT/TRAINING/PLACEMENT SERVICES

Central Iowa Works .....	243-2130
Corinthian Baptist Church – 814 School St .....	243-4073
Creative Visions – 1343 13th St	
Iowa Career Access Point .....	244-4003
DMACC Workforce Academy Training .....	877-863-6222 ext. 7710
.....	or 697-7710
Evelyn K. Davis Center – 1171 7th St .....	697-7700
Experience Works, Inc. DSM – 3720 N 2nd Ave .....	243-2430
Friendship Center – 1526 MLK Jr Pkwy .....	244-1701
Goodwill Connection Center – 1111 E Army Post Rd .....	953-6456
Iowa Employment Solutions .....	281-9700
Iowa Homeless Youth Center – 612 Locust St .....	883-2379
Iowa Vocational Rehabilitation - 510 E 12th St.....	281-4211
Iowa Workforce Development .....	866-239-0843
Des Moines Workforce Center .....	281-9619
Dislocated Worker Program .....	263-0077
Iowa Advantage Program .....	866-968-7842
Iowa Registered Apprenticeship Program .....	284-4690
Iowa Registered Apprenticeship for Veterans.....	281-3317
Ticket to Work Program .....	281-9009
Veteran Employment & Training Services .....	281-8145
Veteran Employment Representatives .....	281-9711
.....	or 281-9692
Veterans Program Coordinator.....	281-8145
Job Corp	
Denison .....	712-263-4192
Ottumwa .....	641-682-2000
Latinos Unidos – 4119 27th St.....	979-0770
Project Iowa - 4801 Franklin Ave .....	515-280-1274
Proteus (Agriculture) – 3850 Merle Hay Rd.....	271-5303
St. Vincent DePaul Education Center	
Career Ready 101 .....	282-8327 Ext 220
Urban Dreams – 601 Forest Ave .....	288-4742

## TEMP AGENCIES

Action Staffing – 5005 Douglas Ave .....	264-1959
Adecco Staffing – 3636 Westown.....	327-6200
Aerotek – 7547 Ashworth Rd., WDM.....	657-5440
DES Staffing Services Inc. – 1300 Cummins Rd.....	288-2300
Drake Staffing – 3810 Ingersoll Ave .....	244-9999
Industry People Group – 6200 Aurora Ave .....	278-8262
Kelly Services – 3725 86th St.....	282-0264
Labor Ready – 2907 Douglas Ave .....	246-0780
People Ready – 5525 Merle Hay Rd .....	246-0780
Portico Staffing .....	221-3233
Remedy Staffing – 1776 22nd St.....	225-4000
Superior Staffing – 7445 University Ave .....	255-9675
WorkSource Staffing – 1001 Office Park Rd. Ste 121 .....	225-4355

## ETHNIC/CULTURAL PROGRAMS

ASK Resource Center – 5665 Greendale Rd.....	243-1713
Catholic Charities – 601 Grand Ave .....	244-3761
Hispanic Community Outreach.....	237-5068
Refugee Case Manager .....	237-5016
Refugee Cooperative Services.....	237-5045
Therapy (English/Spanish) .....	237-5045
Creative Visions – 1343 13th St .....	244-4003
EMBARC Iowa.....	650-3339
Iowa Asian Alliance.....	770-1026
Iowa Faith and Labor Committee .....	274-4851
Iowa International Center .....	282-8269
Islamic Center of Des Moines – 6201 Franklin Ave.....	255-0212
L.U.N.A (Latinas For a New Dawn) – 4313 Fleur Dr.....	271-5060
Monsoon United Asian Women of Iowa – 4944 Franklin Ave. ....	288-0881
Urban Dreams – 601 Forest Ave .....	288-4742

## FINANCIAL ASSISTANCE

***Clients must go to General Assistance first. For all agencies besides General Assistance, clients need to bring proof that they've been to General Assistance and other agencies they've been to. Bring the paperwork to other agencies.***

Aging Resources of Central Iowa – 5835 Grand Ave .....	255-1310
Iowa Family Caregiver Program	
Senior Living Program	
Unmet Needs Fund	
Bidwell Riverside Center/DMARC – 1203 Hartford Ave .....	244-6251
Creative Visions – 1343 13th St .....	244-4003
Cross Outreach .....	279-9998
General Assistance-Polk County – 2309 Euclid Ave .....	286-2088
<i>Polk County Resident. Income guidelines. Need valid photo ID, verification of all household income &amp; household expenses. Types of assistance: rent, utilities, health supplies, major home repair. Call for additional program information.</i>	
Impact – 3226 University Ave .....	518-4770
Polk County Veteran Affairs – 2309 Euclid Ave .....	286-3670
Salvation Army Family Center – 1330 6th Ave .....	282-3422
St. Vincent DePaul – 1426 6th Ave .....	282-8327
WDM Human Services – 139 6th St.....	222-3660

## FINANCIAL ASSISTANCE/DISCOUNT PROGRAMS

### HEALTH RELATED EXPENSES

Access To Recovery Iowa .....	866-923-1085
American Cancer Society .....	800-227-2345
American Kidney Fund .....	800-638-8299
American Liver Foundation.....	800-465-4837
Cancer Care .....	800-813-4673
Cancer Care Co-Payment Assistance .....	866-552-6729
Co-Pay Relief .....	866-512-3861
iCanConnect (Assistive Technology for vision/hearing) .....	800-825-4595
TTY .....	888-320-2656
Iowa Able Foundation.....	292-2972
Iowa Prescription Drug Corp .....	327-5405
Leukemia & Lymphoma Society .....	800-955-4572
Miracle Ear Children's Foundation .....	800-234-5422
Muscular Dystrophy Association.....	800-572-1717
National Organization for Rare Disorders (NORD).....	800-999-667
Needy Meds Helpline .....	800-503-6897
Pathway Plus.....	855-217-0698
Patient Access Network Foundation.....	866-316-7261
Prevent Blindness of Iowa .....	244-4341
Safe Net Rx .....	1-866-282-5817
Charitable Pharmacy .....	276-0066
Drug Donation Repository .....	327-5405
Salvation Army Family Center – 1330 6th Ave .....	282-3422
Starkey Hearing Foundation: Hear Now Program .....	866-354-3254
Telecommunications Access Iowa .....	282-5099

## FINANCIAL EDUCATION PROGRAMS

Consumer Credit of Des Moines .....	287-6428
Financial Literacy Training: St. Vincent de Paul .....	282-8328
Friendship Center.....	244-1701
Iowa Citizens for Community Improvement.....	255-0800
WDM Human Services – 139 6th Ave .....	222-3660

## FOOD ASSISTANCE PROGRAMS

Commodity Supplemental Foods .....	286-3655
Meals-On-Wheels-Wesley Life .....	699-3243
Supplemental Nutrition Assistance Program (SNAP) .....	877-347-5678
Madison County.....	462-2931
Polk County .....	286-3555
Warren County .....	961-5353
WIC: Women Infants & Children.....	800-532-1579
Altoona Clinic.....	282-5800
Ankeny Clinic.....	282-5800
BMC River Plaza .....	282-5800
Lutheran Hospital Clinic.....	263-5660
Sourthridge Mall Clinic.....	282-5800
WDM Clinic.....	282-5800

## FOOD PANTRIES

*Please call in advance to determine eligibility requirements.*

**DMARC Emergency Food Pantry Network has 11 sites in the Des Moines Metro area, to learn which pantry services your area call 277-6969**

Amazing Grace Ministries – 1903 53rd St.....	277-9062
Bethel Anne Church – 1544 E University Ave .....	266-1871
Bidwell Riverside Center – 1203 Hartford Ave .....	244-6251
Catholic Charities Outreach Ctr. – 1815 Hubbell Ave .....	262-7290
Central Iowa Shelter & Services – 1420 Mulberry St .....	284-5719
Christ Apostolic Temple – 1230 E 17th St .....	265-2417
Christian Community Food Pantry – Pleasant Hill.....	265-3434
Clive Community Services – 2190 NW 82nd St.....	257-8550
Commerce Community Church – 4007 High St .....	225-6651
Creative Visions.....	244-4003
Cross Ministries – 3226 University Ave .....	279-8877
Des Moines Fellowship Church.....	255-5528
DMARC Mobile Food Pantry .....	277-6969
Canterbury Heights.....	262-7670
Dart Central Station .....	283-8100
Deer Ridge Apartments .....	277-6969
DMACC Urban Campus .....	244-4226
Highland Park Lutheran Church .....	244-6517
Hilltop Apartments .....	277-6969
John R. Grubb YMCA.....	246-0791
Levitt Boys & Girls Club.....	248-8418
Lutheran Church of the Good Shepherd .....	282-9948
Norwoodville Community Center.....	266-5794
Primary Health Care East Clinic.....	248-1600
South Suburban YMCA .....	285-0444
The Crest at Baker Creek .....	277-6969
Drake Area Food Pantry – 3226 University Ave .....	518-4770
Eastside Church of the Nazarene – 1451 E 25th St.....	265-6000
Eddie Davis Community Center – 1312 Maple St.....	277-1103
Epworth United Methodist Church – 412 Euclid Ave .....	259-0412
Experience Church – 3800 E Douglas Ave .....	243-3817
Faith Tabernacle Church of God – 2559 E Euclid .....	202-2323
First Church of the Open Bible – 2200 Beaver Ave.....	274-9296

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## FOOD PANTRIES (cont.)

Friendship Center – 1526 MLK Jr Pkwy.....	244-1701
Heavenly Temple Gospel Mission – 2110 Carpenter Ave .....	244-8324
Hickman Rd. Church of Christ – 5217 Hickman Rd .....	255-8055
Impact Community Action Partnership	
Ankeny.....	518-4770
Mt. Olive Baptist Church – 3100 2nd Ave.....	282-7947
Northside Food Pantry – 3010 6th Ave.....	286-2220
Partnership Place – 5870 Merle Hay Rd .....	528-2379
Polk County Northside Food Pantry – 3010 6th Ave.....	286-2220
Polk County River Place Food Pantry – 2309 Euclid Ave.....	286-3695
Reach Church – 2725 Merle Hay Rd.....	279-9766
Salvation Army Citadel (East) – 1216 E 25th Ct.....	266-3156
Salvation Army Temple (West) – 1330 6th Ave.....	282-3422
St. Benedict Mission – 1224 MLK Jr Pkwy .....	244-2986
St. Benedicts Mission – 1224 MLK Jr Pkwy .....	244-2986
St. Theresa Catholic Church – 1230 Merle Hay Rd .....	279-4654
The Bond of Unity – 530 NE 46th Ave.....	447-9203
True Vine Church- -2037 Grand Ave Ste. E .....	226-3295
Urbandale Food Pantry – 7611 Douglas Ave .....	251-6688
Waukee Area Christian Services .....	987-5523
West Des Moines Human Services – 139 6th St.....	222-3600

## FREE MEAL SITES

*Please call in advance to determine eligibility requirements.*

Amazing Grace Ministries – 1903 53rd St.....	277-9062
Bethel Mission-Hope Cafe – 1310 6th Ave.....	244-5445
Catholic Worker House	
Dingman House – 1310 7th St .....	243-0765
Chelsea Manning House – 1317 8th St.....	777-2180
Rachel Corrie House – 1301 8th St.....	330-2172
Phil Berrigan House.....	282-4781
Central Iowa Shelter & Services – 1420 Mulberry St .....	284-5719
Creative Visions – 1343 13th St .....	244-4003
Eddie Davis Community Center – 1312 Maple St.....	277-1103
Epworth United Methodist Church – 412 Euclid Ave .....	243-3817
Friendship Center – 1526 MLK Jr Pkwy .....	244-1701
Hope Café-Hope Ministries – 1310 6th Ave .....	244-5445
IHY Outreach – 701 Grand Ave .....	243-1381
Indianola First Assembly of God Soup Kitchen .....	961-8488
Iowa Homeless Youth Centers – 612 Locust St .....	883-2379
Jasper County Congregate Meals.....	641-792-7102
Norwoodville Community Center – 3077 NE 46th Ave .....	266-5794
Polk County Senior Centers (must be 60+ to be eligible)	
Altoona Senior Center – 507 13th St SW.....	967-1853
Ankeny Senior Center – 406 SW School St.....	963-0527
Central Senior Center – 2008 Forest Ave .....	286-3677
East Senior Center – 1231 E 26th St.....	265-8461
Grimes Community Complex – 410 SE Main St.....	986-5747
Johnston Senior Meal Center – 6300 Pioneer Pkwy .....	251-3707
MLK Jr. Senior Meal Site – 1650 Garfield Ave .....	266-5445
North Senior Center – 100 E Euclid .....	288-1524

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## FREE MEAL SITES (cont.)

Northwest Community Center – 5110 Franklin Ave .....	279-2767
Norwoodville Community Center – 3077 NE 46th Ave .....	266-5794
Pioneer Columbus Senior Meal Site – 2100 SE 5th St .....	288-3734
Polk City Senior Meal Site – 309 Van Dom St .....	984-6691
Runnels Senior Meal Site – 108 Brown St.....	966-2427
Scott/Four Mile Senior Meal Site – 3711 Easton Blvd .....	265-9977
South Senior Center – 100 Payton Ave .....	287-0092
Westside Community Center – 134 6th St WDM .....	274-0373
Resurrection Lutheran Church – Ankeny.....	964-7392
Salvation Army Mobile Breakfast Canteen – DSM .....	282-3599
Supper Club at Trinity United Methodist Church .....	244-6209

## LGBTQ SERVICES

Alcoholics Anonymous (AA) for LGBTQ 800-207-2172 or 282-8550	
Connect (females 11-21) YWRC – 818 5th Ave .....	244-4901
LGBTQ National Help Center	
National Youth Talkline .....	800-246-7743
National Hotline .....	888-843-4564
Elder Hotline .....	888-234-7243
Iowa Pride Network .....	471-8062
LGBT Aging Network .....	537-3126
LGBT Center of Central Iowa .....	277-7884
LGBT Helpline (Information & Referral).....	888-340-4528
LGBT Listening Line .....	800-399-7337
National Center for Lesbian Rights Legal Helpline .....	800-528-6257
One Iowa .....	288-4019
Out-Reach in Central Iowa .....	255-3149
Plymouth LGBTQ Community .....	877-565-8860
Trans Life Line .....	877-565-8860
Transformative Healing .....	850-8081
Transformations (Transgender Group).....	277-7884
Trevor Helpline (24/7 crisis line for LGBT).....	866-488-7386

## GOVERNMENT OFFICES

### CITY OF DES MOINES

Des Moines Municipal Housing – 2309 Euclid Ave ....323-8950

### POLK COUNTY

General Assistance Program – 2309 Euclid Ave .....	286-2088
Polk County Attorney – 222 6th Ave .....	286-3737
Polk County Mental Health .....	286-3666
Polk County Health Services – 218 6th Ave .....	243-4545
Polk County Public Health Dept. – 1907 Carpenter Ave.....	286-3798
Polk County Veteran Affairs – 2309 Euclid Ave .....	286-3670

## STATE OF IOWA

Iowa Child Support Recovery Unit.....	888-229-9223
Iowa Dept. for the Blind – 524 4th St.....	281-1333
Iowa Dept. of Human Services .....	800-972-2017
Iowa Dept. of Public Health .....	281-5787
Birth Death & Marriage Certificates .....	281-4944
Iowa Dept. of Transportation .....	800-532-1121
Office of Driver Services.....	244-9124
Iowa Dept. of Veteran Affairs .....	252-4698
Iowa Office of Ombudsman – 1112 E Grand Ave .....	281-3592
Iowa Workforce Development – 1000 E Grand Ave .....	281-5387
Iowa Works – 4300 E Grand Ave .....	281-9619
Social Security Administration – 455 SW 5th St .....	866-964-7583

## HEALTH ORGANIZATIONS

ALS Association Iowa Chapter .....	369-2572
Alzheimer's Association .....	800-272-3900
American Liver Foundation Helpline.....	800-465-4837
American Lung Association of Iowa.....	309-9507
American Parkinson Disease Association Iowa.....	782-3833
Arthritis Foundation Helpline .....	844-571-4357
Autism Society of Iowa .....	327-9075
Brain Injury Alliance of Iowa .....	855-444-6443
Deaf Action Center Iowa – 2525 E Euclid Ave.....	266-5105
Epilepsy Foundation of Iowa .....	259-8528
Iowa Association of the Deaf Video Phone.....	563-726-0180
Iowa Dept. for the Blind – 524 4th St.....	868-0141
Iowa Speech-Language-Hearing Association.....	282-8192
NAMI Iowa .....	254-0417
National Kidney Foundation .....	800-596-7943
Upper Midwest National Multiple Sclerosis Society .....	800-344-4867

## HEALTH SERVICES

**FREE & SUBSIDIZED. Call for clinic times.**

<b>Iowa Department of Health &amp; Human Services .. 281-7689</b>	
Christ the King Free Clinic – 5711 SW 9th St.....	285-2888
Clive Community Services – 2190 NW 82nd St .....	257-8550
Corinthian Baptist Church – 814 School St .....	243-4073
Creative Visions – 1343 13th St .....	244-4003
East Side Center/PHC – 3509 E 29th St.....	248-1600
Engbretson Clinic/PHC – 2353 SE 14th St .....	248-1400
Grace United Methodist Church – 3700 Cottage Grove Ave .....	255-2131
Health Choices Free Clinic – 321 Euclid Ave .....	712-292-9749
Hispanic Education Resources (HER) – 828 Scott Ave ..	282-6542
Jim Ellefson Free Clinic – 1607 E 33rd St .....	266-7622
Mae E. Davis Free Clinic – 1312 Maple St.....	277-1103
Margaret Cramer Clinic – 2725 Merle Hay Rd .....	279-9766 x42
Polk County Health Dept. .....	286-3798
Primary Health Care-E. Side – 3509 E 29th St .....	248-1600
Primary Care South Side Center – 2353 SE 14th .....	248-1400
Salvation Army – 133 E 2nd St.....	243-4277
St. Luke's Clinic – Polk City .....	984-6274
YMCA – 501 Grand Ave .....	282-9622
Youth Emergency Shelter Srvc – 918 SE 11th St.....	243-7499

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## HEALTH SERVICES (cont.)

### FAMILY PLANNING

Alpha Women Center-Ankeny – 114 SW State St.....	965-7885
Alpha Women Center-DSM – 3605 SE 14th St.....	285-5700
Broadlawn OBGYN – 1801 Hickman Rd.....	282-2340
Creative Visions – 1343 13th St.....	244-4003
East Side Center/PHC – 3509 E 29th St.....	248-1600
La Clinica De La Esperanza – 840 E University Ave...	265-4211
Planned Parenthood	
Rosenfield Center (DSM)– 1000 E Army Post Rd..	877-849-0782
Susan Knapp Health Center – 2304 University Ave...	877-859-0542
West Center (Urbandale) – 3303 109th St.....	877-859-0543
Polk County Health Department – 1907 Carpenter Ave ...	286-3798
Young Women’s Resource Ctr. – 818 5th Ave.....	244-4901

### PEDIATRICS

Christ The King Pediatric Clinic – 5711 SW 9th.....	285-2888
Corinthian Child Health Clinic – 814 School St.....	243-4073
SE Polk Children’s Clinic – 1701 8th St SW.....	266-6795

## HELP LINES / HOT LINES

Adult & Child Protective Services Abuse Hotline..	800-362-2178
Alzheimer’s Association 24/7 Helpline.....	800-272-3900
American Liver Foundation Helpline.....	800-465-4837
Arthritis Helpline.....	844-571-4357
Behavioral Health Treatment Locator.....	800-662-4357
Boys Town National Hotline.....	800-448-3000
Brain Injury Alliance of Iowa.....	855-444-6443
Cancer Helpline.....	800-227-2345
Cancer Support Helpline.....	888-793-9355
Crime Victims Compensation.....	800-373-5044
Disaster Distress Helpline.....	800-985-5990
Epilepsy & Seizure 24/7 Helpline.....	800-332-1000
Spanish.....	866-748-8008
Epilepsy Foundation of Iowa.....	238-7660
Healthy Families Hotline.....	800-369-2229
Hep C Hotline.....	877-435-7443
Iowa Compass.....	800-779-2001
Iowa Concern Hotline.....	800-447-1985
Iowa Families Answer Line.....	800-262-3804
Iowa Missing Persons Hotline.....	800-346-5507
Iowa Poison Control Center.....	800-222-1222
Iowa Teen Line.....	800-443-8336
TTY.....	800-735-2942
LGBTQ National Hotline.....	888-843-4564
Lung HelpLine.....	800-586-4872
Medicare Rights Helpline.....	800-752-7014
NAMI Iowa.....	800-417-0417
Narcolepsy CareLine.....	866-538-7617
National Center for Missing & Exploited Children...	800-843-5678
National Domestic Violence/Sexual Abuse Hotline ..	800-799-7233
Spanish.....	800-942-6908
TTY.....	800-787-3227

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## HELP LINES / HOT LINES (cont.)

National Parent Helpline.....	855-427-2736
National Runaway Switchboard.....	800-786-2929
Text.....	66008
National Sexual Assault Hotline.....	800-656-4673
National Teen Dating Abuse Helpline.....	866-331-9474
National Trafficking Resource Center	
To report suspected human trafficking.....	866-347-2423
To get help.....	888-373-7888
National Youth Crisis Line.....	800-422-4673
Postpartum Depression Help Line.....	800-944-4773
Su Familia: The National Hispanic Family Health Helpline ..	866-783-2645

## HOME REHABILITATION/REPAIR

*Please call in advance to determine eligibility requirements.*

Habitat for Humanity-Rock the Block.....	471-8686
Handy Man Chore WDM Human Services.....	222-3660
Iowa Able Foundation.....	888-222-894
Metro Partnership for Lead Safe Housing.....	286-2115
Metro Home Improvement Program Polk County.....	273-0770
Neighborhood Finance Corporation.....	246-0010
Rebuilding Together-Greater Des Moines.....	284-7403
Urbandale Caring Corps.....	278-3999
USDA Home Rehabilitation Program.....	284-4663
Polk County Public Works	
Emergency Repair Program - 5885 NE 14th St. .	286-3356

## HOMELESS SUPPORT/OUTREACH SERVICES

Catholic Worker House.....	282-4781
Bishop Dingman House – 1310 7th St.....	243-0765
Lazarus House – 1317 8th St.....	246-1499
Liguitti House – 1301 8th St.....	288-4326
Phil Berrigan House – 713 Indiana Ave.....	282-4781
Cross Outreach.....	279-9998
Family Promise – 4114 Allison Ave.....	277-7051
Hispanic Education Resources (HER) – 828 Scott Ave..	282-6542
Homeless Veterans Program.....	699-5637
Hope on the Streets/Hope Ministries Streets of Des Moines..	265-7272
Iowa Homeless Youth Center.....	288-7884
Iowa Homeless Youth Centers – 612 Locust St.....	883-2379
JOPPA Outreach.....	866-288-5699 or 288-5699
Primary Care-The Outreach Project – 1200 University Ave ...	248-1599
Urban Dreams Metro Outreach Prgm – 601 Forest Ave ...	288-4742
WDM Human Services – 139 6th St.....	222-3660

## HOUSING

*Affordable, low income, subsidized housing programs and agencies. Please call in advance to determine eligibility requirements.*

AHEPA Affordable Housing Management.....	
192 – Johnston.....	276-6766
192-II – Ankeny.....	964-0164
192-III.....	963-9519
Penelope 38 – Ankeny.....	965-5987
Anawim Housing – 1750 48th St.....	244-8308
Ashbrooke Apartments – Ankeny.....	964-7790
Central Iowa Regional Housing Authority (CIRHA) ....	986-1882
Christ The King Senior Housing.....	528-8074
Conlin Properties Inc. (Section 42).....	246-8016
Des Moines Municipal Housing – 2903 Euclid Ave.....	323-8950
Elsie Mason Manor - 430 Grand Ave.....	243-8759
Foundation Property Management.....	440-2266
House of Mercy.....	643-6500
Hubbell Apartment Living.....	221-6211
Ligutti Tower Apartments 555 5th Ave.....	243-8759
National Management Corp. (Section 42).....	223-0300
Newbury Property Management.....	698-9700
Oakridge Neighborhood – 1236 Oakridge Dr.....	244-7702
River Hills Apartments I.....	288-6075
River Hills Apartments II.....	288-2159
Southridge Village Apartments.....	287-4422
T and L Properties LLC.....	999-9160
The Meadow Apartments.....	256-8889
USDA Low Income/Subsidized Rental Housing.....	284-4666

## HOUSING SEARCH ASSISTANCE

Iowa Housing Search.....	877-428-8844
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## INFORMATION & REFERRAL

2-1-1 First Call for Help.....	2-1-1 or 246-6555
Access To Recovery-Iowa.....	866-923-1085
Aging Resources of Central Iowa.....	255-1310
Alzheimer’s Assoc. Info & Referral Service.....	800-272-3900
Autism Now Information & Referral Center.....	855-828-8476
Cancer Information Services.....	800-227-2345
Epilepsy Foundation of Iowa.....	238-7660
Iowa Compass.....	800-779-2001
Iowa Concern.....	800-447-1985
Iowa Housing Search.....	877-428-8844
Life Long Links.....	866-468-7887
Monsoon Asians & Pacific Islanders.....	288-0881
Primary Care Outreach – 1200 University Ave.....	248-1500
Senior Services of Polk County.....	286-3434
Urban Dreams – 601 Forest Ave.....	288-4742
WDM Human Services – 139 6th St.....	222-3660

## INTERPRETER SERVICES

American Friends Service Committee.....	274-4851
Deaf Action Center – 2525 E Euclid Ave.....	266-5105
Hispanic Educational Resources, Inc. (HER).....	282-6542
Iowa Council for International Understanding (Emergencies)...	282-8269

## LEGAL ASSISTANCE

American Friends Service Committee.....	274-4851
Disability Rights Iowa.....	800-779-2502 or 278-2502
TTY.....	866-483-3342
Drake Legal Clinic – 2400 University Ave.....	271-3851
Epilepsy Legal Defense Fund.....	800-332-1000
Hispanic Educational Resources, Inc. (HER).....	282-6542
Iowa Coalition Against Domestic Violence Legal Clinic ...	244-8028
Iowa Concern Legal Information Hotline.....	800-447-1985
Iowa Legal Aid.....	280-3636
Low Income Taxpayer Clinic.....	800-532-1275
Iowa Migrant Movement for Justice.....	255-9809
Lawyer Referral Service.....	800-532-1108
Legal Hotline for Older Iowans.....	800-992-8161
Monsoon Asians & Pacific Islanders.....	288-0881
Muña Legal Clinic.....	244-2117
National Center for Lesbian Rights Legal Helpline..	800-528-6257
Volunteer Lawyers Project, Iowa Bar Assoc.....	244-8617
Youth Law Center.....	800-728-1172 or 244-1172

## LOW INCOME ASSISTANCE PROGRAMS

See also: Community Service Agencies

Please call in advance to determine eligibility requirements.

Impact Community Action Partnership - 2011 Forest Ave.....	248-6216
Clothing Closet, Energy Assistance, Emergency Food & Personal Pantry, Holiday Programs, Weatherization	
WDM Human Services – 139 6th Ave .....	222-3660
Budget Assistance, Clothing Closet, Energy Assistance, Emergency Food & Personal Pantry, Garden Program, H2O Plus Program, Holiday Programs. Weatherization	

## MEDICAL ASSISTANCE PROGRAMS, STATE OF IOWA

Any county DHS office can answer questions about the programs and services listed below. In Polk County contact one of these county DHS offices. You may also contact the Department's Field Office Support Unit by calling 281-7266 or 1-800- 972-2017.

### POLK COUNTY DEPARTMENT OF HUMAN SERVICES

River Place – 2309 Euclid Ave .....	725-2600
Hawk-I Program.....	800-257-8563
Health Insurance Premium Payment (HIPPI).....	888-346-9562
Iowa Family Planning Network (IFPN)	
Iowa Health and Wellness Plan (apply at DHS Office)	
Medicaid .....	855-889-7985
Medicaid for Employed People with Disabilities	
Senior Health Insurance Info Program .....	800-351-4664

## PARENTING PROGRAMS AND SUPPORT

Agape Pregnancy Center – 2550 MLK Jr Pkwy .....	255-0243
Alpha Women's Center – 3605 SE 14th St .....	285-5700
Alpha Women's Center – Ankeny.....	965-7885
ASK Resource Center – 5665 Greendale Rd.....	243-1713
Creative Visions – 1343 13th St .....	244-4003
Urban Dreams – 601 Forest Ave .....	288-4742
Visiting Nurse Services – 1111 9th St.....	288-1516
Care For Kids Program.....	283-1422
Connections Program – School Based.....	558-9946
Healthy Starts Program .....	288-1516
Storks Nest Program .....	288-1516
Young Women's Resource Center – 818 5th Ave .....	244-4901
Case Management: Healthy Starts.....	244-4901
Prenatal Education .....	244-4901
Young Moms Group.....	244-4901

## RE-ENTRY SERVICES FOR EX-OFFENDERS

Creative Visions – 1343 13th St .....	244-4003
Harbor of Hope Mission – 3650 Cottage Grove .....	244-0370
Iowa Workforce Development – 200 Army Post Rd .....	281-9640

## SHELTERS/TRANSITIONAL LIVING

E = Emergency, T = Transitional

### FAMILIES

Family Promise of Greater DSM (T) .....	277-7051
St. Joseph's Emergency Shelter (E) – 1535 11th St.....	282-1235
The Home Connection – 3001 Grand Ave.....	244-9748
WDM Human Services (T) – 139 6th St .....	222-3660

### MEN

Benedict Home (T) .....	779-6635
Bethel Mission (E,T) – 1310 6th Ave .....	244-5445
Central Iowa Shelter & Services (E) – 1420 Mulberry St.....	284-5719
Door of Faith – 6701 SW 9th St.....	974-0545
Domiciliary Care for Homeless Vets (T) .....	699-5787
Freedom for Youth Ministries (18-21) (T).....	282-4822
YMCA Supportive Housing Campus (T) – 2 SW 9th St.....	288-2424

### WOMEN

Beacon of Life (No Children) (T) – 1717 Woodland Ave ..	244-4713 x206
Central Iowa Shelter & Services (E) – 1420 Mulberry St.....	284-5719
Domestic Violence Services Shelter (E).....	243-6147
Freedom for Youth Ministries (18-21) (T).....	282-4822
Hope Family Center (T) .....	264-0144
YMCA Supportive Housing Campus (T) 2 SW 9th St ..	288-2424

### WOMEN WITH CHILDREN

Domestic Violence Services Shelter (E).....	243-6147
Hope Center for Women & Children .....	264-0144
Iowa Homeless Youth Centers (T)	
Buchanan Transitional Living (16-21) – 1219 Buchanan St ..	265-1222
Light House Host Home (16-25) – 1216 MLK Jr Pkwy ..	288-7884
New Directions Shelter (E) .....	244-9748
The Home Connection – 3001 Grand Ave.....	244-9748

### YOUTH/YOUNG ADULTS

Freedom for Youth Ministries (18-21) (T).....	282-4822
The Promise House (males 18-22)	
Safe Haven (females 18-22)	
Iowa Homeless Youth Centers (T)	
Buchanan Transitional Living (16-21).....	265-1222
Light House Host Home (16-25).....	288-7884
Ruth Harbor (Pregnant Teens) (T) – 534 42nd St .....	279-4661
YESS-Youth Emergency Services & Shelter (E) .....	281-9377

## TRANSPORTATION

Before visiting the service provider, please call to verify eligibility requirements

Ankeny United Way .....	965-1976
Des Moines Area Regional Transit Authority (DART) ..	283-8100
Spanish Message Line .....	283-8120
Bus Plus / Paratransit.....	283-8136
Dart On-Call Shuttle Services.....	283-8100
Express Routes .....	283-8100
On- Call Shuttle for Seniors.....	283-8100
OTT Reduced Token/Pass Program.....	288-7433
Reduced Ticket Purchase.....	283-8100
Polk County Adult Services .....	286-3484
Primary Care-The Outreach Project – 1200 University Ave ..	248-1500
Urbandale Caring Corp.....	278-3999
Salvation Army Family Center – 1226-30 6th Ave .....	282-3422
WDM Human Services – 318 5th St WDM.....	222-3660

## VETERANS RESOURCES

American Legion Financial Assistance .....	800-540-4098
Disabled American Veterans (DAV)	
National Service Officer – 566 Federal Bldg ...	323-7539
Transportation Network. – VA Med Center .....	699-5876
DSM Workforce Development .....	281-9619
Apprenticeships for Veterans.....	284-4690
Helmets To Hardhats Program .....	284-4690
Troops 2 Teachers Program .....	877-530-2765
Veterans Employment Services.....	284-4690
Veterans Program Coordinator.....	284-4690
Homeless Veterans Program.....	800-294-8387 or 699-5637
Iowa Dept. of Veteran Affairs .....	252-4698
Iowa Veterans Home .....	641-752-1501
National Call Center for Homeless Veterans .....	877-424-3838
National Coalition for Homeless Veterans .....	800-838-4357
Polk County Veteran Affairs – 2309 Euclid Ave .....	286-3670
U.S. Department of Veteran Affairs .....	800-827-1000
VA Central Iowa Health Care System (DSM)	
VA Medical Center (Des Moines).....	699-5999
Returning Soldier Patient Advocates .....	699-5999
Veterans' Administration .....	800-827-1000
DSM Vet Center.....	284-4929
Veterans Benefits .....	800-827-1000
Veterans Crisis Line.....	988
Veterans Employment & Training Services .....	281-5106
VETS/Job Corp Demonstration Program .....	800-733-5627
VFW.....	323-7546

## VICTIM SUPPORT SERVICES

Crime Victim Compensation Program.....	281-5044
Dorothy's House .....	777-4383
Identity Theft Passport Program.....	281-5044 or 800-373-5044
Iowa Attorney General .....	281-5164
Crime Victim Assistance Division .....	800-373-5044
Iowa Coalition Against Domestic Violence .....	244-8028
Iowa Coalition Against Sexual Assault.....	244-7424
Iowa Sexual Abuse Hotline.....	800-284-7821
Iowa Victim Service Call Center .....	800-770-1650
Or text.....	IOWAHELP to 20121
National Trafficking Resource Center.....	888-373-7888
Text .....	233-733
Polk County Crisis & Advocacy Services.....	286-3600
Polk County Victim Assistance .....	286-3057

## YOUTH PROGRAMS

Big Brothers/Big Sisters.....	288-9025
Boys & Girls Club of Central Iowa .....	242-7925
CHDC's Youth Build Des Moines.....	244-7798
Children & Family Urban Movement.....	282-3242
Wonder Girlz	
Whyld Girls	
Backyard Boyz	
High School Mentors	
Citadel Corp Community Center – 1216 E 25th Ct.....	266-3156
Conmigo .....	282-6542
Creative Visions – 1343 13th St .....	244-4003
Freedom for Youth Ministries – 2301 Hickman Rd .....	282-4822
Girls & Boy Town National Hotline (24/7) .....	800-448-3000
Grubb YMCA-Youth Center – 1611 11th St .....	246-0791
IHY Community Center – 701 Grand Ave.....	243-1381
LGBTQ National Youth TalkLine .....	800-246-7743
Urban Dreams – 601 Forest Ave .....	288-4742
Young Women's Resource Ctr – 818 5th Ave .....	244-4901

## IMPORTANT NUMBERS

Emergency .....	911
Iowa Poison Control Center .....	800-222-1222
Doctor .....	
Insurance .....	
Pharmacy .....	
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*Together a healthy community.*

1801 Hickman Road | Des Moines, IA 50314 | [www.broadlawns.org](http://www.broadlawns.org) |    