

**Guthrie County**  
**Directory of**  
**Health and Human Services**



Updated June 2018

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**Children, Juveniles and Families**

**ACES (Association for Children for Enforcement of Support)**

- Assists with Child Support Recovery.....ACES OF IOWA. COM

**Boys & Girls Club of Central Southwest IA**

- Safe Place for Teens and Families..... 641-742-3119  
To meet and learn new skills 807 Broad Street  
P.O. Box 225  
Adair, IA 50002

**Child Care Resource and Referral**

- Helps families locate child care providers .....1-800-945-9778
- Provides consultation and training for providers 701 10<sup>th</sup> St.  
Harlan, IA 51537

**Community 4 Children**

- Decategorization .....712-792-4317 ext.239

Community Partnership for Protecting Children 608 N. Court St. Suite C  
Carroll, IA 51401

**Crisis Intervention & Advocacy Center**

- Provides services to victims of domestic abuse,  
Sexual assault, and homelessness .....24 hour crisis line 1-800-400-4884  
Spanish line 1-800-550-0004

**Department of Human Services .....1-866-202-5968**

Economic Programs – FIP emergency assistance, medical assistance, state  
Supplemental assistance, food stamps, home and community waivers, information and  
referral

Services, promise jobs, intermediate care facility.

Service Programs – Adoption, case management, child day care, child and adult protection

Assessments, family centered services, family preservation, family life home, foster care  
licensing, foster family and group foster care placement, in-home health related care, juvenile  
court supervision and social casework.

**Family Resource Center (CCCPCA)** .....712-792-6440  
 502 W. 7<sup>th</sup> Street .....800-999-5101  
 Carroll, IA 51401 .....www.carrollfrc.org

- Child Care Project – technical assistance to child care providers.
- Parent-Time-Out – provides a break from Challenges of parenting.
- FaDSS (Family Development and Self-Sufficiency Program) – helps participants to become more self-sufficient.
- Crisis Child Care – community-based emergency child care to families.

**Waivers and Programs**

Brain Injury	Ill & Handicapped
Children’s Mental Health	Intellectual Disability
Elderly	Physical Disability

Habilitation

**Services**

SCL (Supported Community Living) focuses skill development.  
 Respite is a temporary break for the parent or guardian.  
 CDAC (Consumer Directed Attendant Care) – doing tasks for individuals with disabilities.  
 Home-Based Habilitation – skill retention or improvement for individuals with psychiatric illnesses.

- **Emergency/Crisis Care – Crisis Line** .....1-800-999-5101 or 712-792-6440

**ISU Extension**

- Provides information/programs on parenting .....641-747-2276  
 Child development, child care, aging and stress ..... 212 State St.  
 Guthrie Center, IA 50115

**New Opportunities, Inc.**

Maternal Health, Family Planning, Child and Adolescent Health.....641-747-3845  
 Women, Infant And Children (WIC), Share Iowa ..... 2002 State St., Ste. 2  
 Low Income Home Energy Assistance, Financial Literacy ..... Guthrie Center, IA 50115  
 Weatherization, Head Start, Food Pantry, and Chore Services ..... www.newopp.org  
 Utility Crisis Assistance, Head Start/Early Head Start  
 1<sup>st</sup> Five Healthy Mental Development  
 Homelessness Prevention and Rapid Rehousing (HPRP) – 712-830-8127

**Partnership 4 Families** .....p4fchildren@gmail.com  
P.O. Box 672, Carroll, IA 51401 .....www.partnerships4families.org  
Early Childhood Iowa Area for Audubon, Carroll, Greene & Guthrie  
Provides funding for preschool assistance, child care project and home visitation  
Early Childhood Task Force meetings held quarterly  
**H.O.P.E.S.**.....641-747-3972  
Health Opportunities for Parents to Experience Success  
2002 State Street Suite 1, Guthrie Center 50115  
Voluntary in home family support, specializing pregnancy/parenting and child development.  
**Guthrie Co. Babies Nest**.....641-747-3972  
Prenatal Moms earn points to get free baby items by doing healthy behaviors.

**Churches**

**Adair**

All Saints Catholic Church.....515-523-1943  
Good Shepherd Lutheran Church, 1107 Broad St. ....641-742-3802  
Immanuel Lutheran Church, 709 Adair St. ....641-742-3821  
St. John’s Lutheran Church, 3046 Union Ave. ....641-742-3669  
Presbyterian Church, 405 S. 5<sup>th</sup> St. ....641-742-3634  
St. John’s Catholic Hall, 501 Adair St. P.O. Box 55, Adair .....641-742-5045  
United Methodist Church, 404 Cass .....641-742-5575

**Bagley**

Church of Christ, 321 2<sup>nd</sup> St. ....641-427-5748  
United Methodist Church, 401 Main St. ....641-427-5425

**Bayard**

Bayard-Wichita United Methodist Church, 502 Third Street .....712-651-2307  
Church of Christ, 401 2<sup>nd</sup> St., P.O. Box 160 .....712-651-2905  
St. Patrick’s Catholic Church, 214 Prairie St. ....712-651-2676

**Casey**

St. John’s Lutheran Church, 104 E. 1<sup>st</sup> St. ....641-746-2734  
United Methodist Church, 100 E. 2<sup>nd</sup> St. ....641-746-2210

**Guthrie Center**

The First Baptist Church, 113 N. 5 <sup>th</sup> St. ....	641-747-8198
Bowman Chapel Church, 2397 Bowman Ave. ....	641-747-2798
Christian Church, 105 N. 4 <sup>th</sup> St., Box 64 ....	641-332-2571
Immanuel Lutheran Church, 713 N. 12 <sup>th</sup> St. ....	641-332-2918
Kingdom Hall of Jehovah’s Witness, 1300 Grand St. ....	641-747-8524
Open Bible Church, E. Hwy. 44, RR 2 ....	641-747-3961
Community Bible Church, 1507 State St. ....	641-332-2126
Presbyterian Church, 701 State St. ....	641-332-2425
St. Mary’s Catholic Church, 603 Main St. ....	641-747-2569
Seventh Day Adventist Church, 1305 North ....	641-747-2761
United Methodist Church, 405 Prairie St. ....	641-332-2408

**Jamaica**

Jamaica Union Church, 401 Second Ave. ....	641-429-3337
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**Menlo**

Church of Christ ....	641-524-2571
Jefferson Center Church ....	641-524-5358
United Methodist Church, 303 5 <sup>th</sup> St. ....	641-524-4561

**Panora**

St. Cecilia Catholic Church, 220 N. 1 <sup>st</sup> ....	641-755-2658
Church of the Brethren, 2946 200 <sup>th</sup> Rd. ....	641-755-3800
First Christian Church-Disciples of Christ, 1 <sup>st</sup> and Church ....	641-755-2227
Lighthouse Assembly of God, 400 SE 3 <sup>rd</sup> , P.O. Box 518 ....	641-755-3060
Panorama Community Church, 2322 Wagon Rd., Box 417 ....	641-755-2322
St. Thomas Lutheran Church, 2106 Hwy. 4, P.O. Box 509 ....	641-755-2051
United Methodist Church, 119 E. Main, P.O. Box 601 ....	641-755-2655
Calvary Chapel of the Raccoon River Valley, 604 E. Main... ..	641-755-4268

**Stuart**

All Saint’s Church, 216 All Saints Drive ....	515-523-1943
Congregational Church, 224 N. Division St. ....	515-523-1570
Fairview Congregational Christian Church, RR 1 ....	515-523-1493
Friends Church, 723 N. Fremont St. ....	515-523-1541
Heartland Baptist Church ....	515-523-2380
Maranatha Gospel Church, 1323 N. 2 <sup>nd</sup> St. ....	515-523-2304
United Methodist Church, Stuart-Mt. Vernon, N W 2 <sup>nd</sup> St. 7 ....	515-523-1078

**Yale**

Church of Christ, 304 Lincoln St. ....	641-439-2300
United Methodist Church, 219 Main St. ....	641-439-2458

## Child Daycare Centers (Licensed)

### Family Resource Center

- Parent time out program provided by .....712-792-6440
- Registered daycare providers ..... 502 W. 7<sup>th</sup> St.  
Carroll, IA 51401

Kid Zone Early Learning Center.....641-332-2028  
209 Park St.  
Guthrie Center, IA 50115

Kids Zone Early Learning Center.....641-742-3031  
Adair, IA

Little Panther Daycare & Preschool ..... 641-755-3003  
6001 Panther Drive  
P.O. Box 567  
Panora, IA 50216

Child Care Resource and Referral see page 3

## Economic/Business

### USDA/ Guthrie County FSA

- Financial Assistance to the eligible .....641-332-2640  
1000 School St.  
Guthrie Center, IA 50115-8814

### Midwest Partnership

- Economic Development .....515-523-1262  
615 S. Division St.  
Stuart, IA 50250

Small Business Resources.....515-964-4977  
114 NW 5<sup>th</sup> St.  
Ankeny IA 50023

**Education/Schools**

**Des Moines Area Community College**

- Continuing educational classes .....515-964-6241  
1-800-362-2127

**Heartland Area Education Agency II**

- Special education support, assist local school .....641-747-2212  
Districts in identifying and evaluating children 906 School St.  
From birth to age 21 Guthrie Center, IA 50115

**ISU Extension**

- Provides resources, education, and informational .....641-747-2276  
Services to families, youth, agriculture, business 212 State St.  
And communities Guthrie Center, IA 50115

**New Opportunities (Guthrie Family Development Center)**

- Head Start Application.....641-747-3845  
2002 State St. Ste. 2

[www.newopp.org](http://www.newopp.org) Guthrie Center, IA 51401

**Schools**

**Adair/Casey Guthrie Center**.....High School 641-332-2236  
Guthrie Center, IA

**AC/GC**.....Grade School 641-332-2720  
Guthrie Center, IA

**AC/GC**.....Grade School 641-742-3310  
Adair Casey, IA

**AC/GC**.....JR. High 641-746-2241



West Central Valley .....Elementary Dexter 515-789-4480  
 Middle School Redfield 515-523-1018  
 Sr. High Stuart 515-523-1313

**Preschools**

Adair Casey Preschool.....641-746-2242  
 Early Learning Center, Guthrie Center.....641-332-2028  
 Guthrie Center Preschool.....641-332-2720  
 Head Start, Guthrie Center.....712-792-9266 Ext 400  
 Little Panther Preschool, Panora.....641-755-3003  
 Panther Pals .....641-755-2021  
 West Central CSD Preschool.....515-523-1018

**Employment**

**Division of Vocational Rehabilitation**

- Assists persons with a physical or mental disability .....1-800-532-1486  
 To secure or maintain a job  
 510 E. 12<sup>th</sup> St.  
 Des Moines, IA 50319

**Iowa Works**

- Career Planning and Educational Information .....712-792-2685  
 Job placement service for applicants to receive  
 619 N Carroll St.  
 Information to jobs and applications to apply for jobs  
 Carroll, IA 51401

or

- .....515-281-9619  
 .....430 East Grand Avenue  
 Des Moines, IA 50309-1920

**Proteus, Inc.**

- Provides employment and training and health .....1-800-372-6031  
 Services for migrant and seasonal farm workers .....515-271-5306  
 1221 Center St. STE #16  
 Des Moines, IA 50309

**Environmental**

**Guthrie County Environmental Health**

- Environmental Issues .....641-747-8320  
 Courthouse  
 2002 State St.  
 Guthrie Center, IA 50115

**Food, Clothing, Financial**

- 3 "C's" (Children's Clothes Closet) .....HWY 44 & East 2<sup>nd</sup> St., Panora, IA 50216  
 Free Children/Adolescent clothing items.  
 OPEN: 1<sup>st</sup> & 3<sup>rd</sup> Saturday each month 9:00 – 11:00 a.m. (By appointment only)  
 OPEN: 3<sup>rd</sup> Tuesday evening 6:00 – 7:30 p.m. (by appointment only)  
 For appointments: Contact Connie Ridgerly at 641-755-2018

**Adopt-A-Family (Christmas) New Opportunities Guthrie County Family Development Center**

- Receives donated items to prepare packages and gifts .....641-747-3845  
 To needy families at Christmas Season  
 2002 State St., Ste. 2  
 Guthrie Center, IA 50115

**Crisis Intervention & Advocacy Center**

- Safe shelter, Homeless Prevention and Assistance .....1-800-400-4884 24 Hour Crisis Line  
 1-800-550-0004 Spanish Line  
 P.O. Box 40  
 Adel, IA 50003

**Department of Human Services**

- FIP Food Stamps, Medicaid.....712-792-4391  
 Carroll County Office  
 608 N. Court, Ste. C  
 Carroll, IA 51401

**Emergency Food Pantry - New Opportunities Guthrie County Family Development Center**

- Provides assistance or resources to families in a crisis .....641-747-3845  
 situation. food, paper, and health products.  
 2002 State St., Ste. 2  
 Guthrie Center, IA 50115

**Faith Baptist Church**

Provide assistance to families in Guthrie County who need.....641-755-3034

Food, and occasionally health/hygiene and paper products. ....2096 Highway 4  
Panora, IA 50216

**Guthrie Center Association of Churches Food Pantry.....701 State Street Guthrie Ctr, IA 50115**

Contact: Kay Thomas 641-747-3696

George Hemmen 747-3643

Food items available to needy families every 2 weeks – No income guidelines

**Guthrie County Commission of Veteran's Affairs**

• Rent, utilities and medication assistance .....641-747-2546

Enrollment into VA Health Care System .....Courthouse  
200 N. 5<sup>th</sup> St.

Guthrie Center, IA 50115

**Guthrie County General Assistance**

• Rent, utilities and medication assistance .....641-747-2546

Courthouse, 200 N. 5<sup>th</sup> St.

Guthrie Center, IA 50115

**Guthrie County/Municipal Emergency Management Services**

• Guidance for people who have suffered disasters .....641-332-3030

Courthouse

200 N. 5<sup>th</sup> St.

Guthrie Center, IA 50115

**New Opportunities, Inc.**

• Low Income Energy Assistance, Weatherization,.....641-747-3845

Food Pantry, WIC, Share Iowa, Financial Literacy 2002 State St., Ste. 2

[www.newopp.org](http://www.newopp.org)

Guthrie Center, IA 50115

**Stuart Food Pantry.....204 S. Division Street Stuart, IA 50250**

Contact: 515-523-1350

Food items available to needy families every 2 weeks – No income guidelines

Serves entire West Central Valley School District

Panorama Schools.....641-755-2021

**Health Care**

**Alzheimer’s Association**

- Education materials and programs for patients and .....515-263-2464
- Families living with Alzheimer’s Disease and other .....1-800-272-3900
- Dementias .....700 East University Ave.  
Des Moines, IA 50316

**Carroll Area Nursing Service** .....712-999-5664  
**www.canshomehealth.com** .....506 Main  
Coon Rapids, IA 50058

**Child Health Specialty Clinic** .....712-792-5530  
Fax .....712-792-4825  
726 N. Carroll, Carroll, IA 51401 8:00 a.m. – 4:30 p.m. Mon. – Thur.  
• We assure a system of care for children and youth who have special health care needs.  
• We provide care coordination for children with special health care needs. We also assist families of children enrolling in the Ill & Handicapped Waiver.  
• We provide Early ACCESS Service Coordination and Early ACCESS nutrition services.  
• We have a parent consultant network available to assist families

**Easter Seal Society of Iowa, Inc.**

- Statewide health agency that helps with a physical .....515-289-1933
- Mental and emotional disabilities to achieve .....P.O. Box 5168
- Maximum independence ..... Des Moines, IA 50333

**Guthrie County Babies Nest**

- Incentive program, encourages healthy behaviors during.....641-747-3972
- pregnancy, earn points towards free baby items.....2002 State St. Ste 1
- Open to pregnant women residing in Guthrie County.....Guthrie Center, IA 50115
- Membership offered at no cost to families
- No income guidelines
- Need to enroll during first trimester

**Guthrie County Commission of Veteran Affairs**

- Enrollment into VA Health Care .....641-747-2546
- System Emergency Basis .....Courthouse  
200 N. 5<sup>th</sup> St.  
Guthrie Center, IA 50115

**Guthrie County Health Planning Coalition.....641-747-3972**

- Evaluates and assesses community health needs.

**Guthrie County Hospital**

- Inpatient and Outpatient Services .....641-332-2201
- 24 hours/day, 7 days/week .....710 N. 12<sup>th</sup> St.
- Emergency Services .....Guthrie Center, IA 50115
- Cardiac Rehabilitation, Diabetic Education, Fitness Center, Laboratory Services, Physical Therapy, Pulmonary Rehabilitation, Radiology Services, Sleep Laboratory, Social Services, Surgery

**Guthrie County Hospital Fitness Center**

- Facility that has fitness equipment available .....641-332-2201
- For individuals and families .....710 N. 12<sup>th</sup> St.  
Guthrie Center, IA 50115

**Guthrie County Public Health Nursing Service**

- Home Care Services – Skilled Nursing, Home Care Aides.....641-747-3972
- Physical, Speech and Occupational Therapy.....2002 State St., Ste. 1
- Coordinates services for frail elderly.....Guthrie Ctr, IA 50115
- Child Immunizations, Communicable Disease follow-up,  
Bioemergency Planning/Emergency MultiDisciplinary Planning Committee
- H.O.P.E.S. – Healthy Opportunities Parents Experience Success – Home Visitation
- Babies Nest

**H.O.P.E.S.**

- Health Opportunities for Parents to Experience Success .....641-747-3972  
A home visitation program to visit pregnant women, .....2002 State St. Ste 1  
Parents of newborns and other families who have .....Guthrie Center, IA 50115  
Children 0-5 years of age.

**Hospice of Central Iowa**

- Serves patients diagnosed with an end-state illness .....515-274-3400  
And six months to live .....1-800-806-9934  
401 Railroad Place  
West Des Moines, IA 50265

**Iowa Hospice LLC.....641-755-4114**

- Serves patients diagnosed with an end-state illness.....5399 Chimra Rd  
And six months to live..... Panora, IA 50216  
FAX 641-755-4113

**Iowa Compass**

- Iowa program for assistive technology for people with .....319-356-0550  
Disabilities. Produce information, used equipment .....1-800-779-2001  
Referrals, funding resources and legal advocacy .....University Hospital School  
100 Hawkins Drive  
Room S 295  
Iowa City, IA 52242

**Iowa Department for the Blind**

- Services for legally or functionally blind .....515-281-1333 · 1-800-362-2587  
524 Fourth Street  
Des Moines, IA 50309

**Jackson Recovery.....1-800-BETS OFF**

- Problem Gambling 800 5<sup>th</sup> St.  
• FREE Evaluations Sioux City, IA 51101

**Lifeline Services**

- Adair County Memorial Hospital Lifeline .....641-743-2123  
609 SE Kent  
Greenfield, IA 50849  
• Cass County Hospital Lifeline .....1-800-993-4345  
1500 E. 10<sup>th</sup> St.

- Atlantic, IA 50022  
 • Dallas County Hospital Lifeline .....515-465-7502  
 501 12<sup>th</sup> St.  
 Perry, IA 50220
- Greene County Medical Center Lifeline .....515-386-2114  
 1000 W. Lincolnway  
 Jefferson, IA 50129
- Guthrie County Hospital Lifeline.....641-332-2201  
 710 North 12<sup>th</sup> Street  
 Guthrie Ctr, IA 50115

**Medical Equipment Loan Closets**

- The American Legion Post 124 .....641-740-0654  
 Free loan of equipment through the American Legion .....2002 State St.  
 Guthrie Center, IA 50115

**New Opportunity, Inc.**

- Child and Youth Program, Family Planning .....641-747-3845  
 Headstart, Maternal Health Care, Women, .....2002 State St., Ste. 2  
 Infants and Children (WIC) .....Guthrie Center, IA 50115

**Timber Creek Therapies**

- Physical, Speech, Occupational Therapy, Massage .....641-755-3225  
 Therapy, Hydrotherapy, Hippotherapy, Pet Therapy .....2400 Poplar Ave.  
 And Counseling .....Panora, IA 50216  
 Open to Volunteers

**University of Iowa Care Center**

- Cancer information service providing information .....1-800-237-1225  
 About cancer to anyone. Can provide written information. 200 Hawkins Dr.  
 4802 JPP  
 Iowa City, IA 52242

**Managed Care Organizations (MCO)**

Most lowans who get their health care from Medicaid will switch to a new managed care program called IA Health Link on April 1, 2016. Your care will now be covered by a managed care organization (MCO), or health plan, that you choose. Your plan will provide benefits for health care services from a network of doctors and other providers that work with your MCO.

**Amerigroup phone:** .....1-800-454-3730  
<https://providers.amerigroup.com/IA/Pages/ia.aspx>

**United Healthcare**.....800-464-9484  
<https://www.UHCCCommunityPlan.com/IA>

**Area Doctors' Offices and Satellite Offices**

- Adair Co. Health Systems-Stuart.....Dr. Jessica Kennedy  
and David Black PA  
303 S. 7<sup>th</sup> St. Ste B, Stuart, IA 50250  
515-523-2513
- Casey Doctors Office .....Dr. Bascom  
112 W. Grant, Casey, IA 50048  
641-746-2513
- GCH (Guthrie County Hospital) Family Medicine.....Dr. Cynthia Peterson  
401 Audubon St., Adair, IA 50002  
641-742-1000
- GCH (Guthrie County Hospital) Family Medicine .....Dr. Josh Strehle  
603 E. Main, Panora, IA 50216  
641-755-4000
- Guthrie Family Medicine Center .....Dr. Bascom/Dr. Ahrens  
502 Main St., Guthrie Center, IA 50115  
641-332-2365
- Mercy Panora Medical Clinic .....Eric Ash, MD  
319 E. Main, P.O. Box 128, Panora, IA 50216  
641-755-2121
- Redfield Medical Clinic .....Ron McHose, DO  
1013 First, Redfield, IA 50233  
515-833-2301
- St. Anthony's Medical Clinic .....Dr. Ed Friedman  
215 Main St.  
Coon Rapids, IA 50058  
712-999-2237
- Stuart Medical Clinic .....Wilda Orewiler PA-C  
106 NE 2<sup>nd</sup> Street, Stuart, IA 50115  
515-523-2283
- Allen Family Chiropractic .....Dr. Andrew Allen  
108 N. 3<sup>rd</sup> St., P.O. Box 235  
Guthrie Center, IA 50115  
641-747-8247



Schrieber Chiropractic.....Panora, IA 50216

Coon Rapids Chiropractic.....712-999-9000  
121 4<sup>th</sup> Ave.  
Coon Rapids, IA

Panora Family Dentistry .....Dr. Bill Skinner, D.D.S.  
611 E. Main, Panora, IA 50216  
641-755-3626

Pettinger Dental Lab.....641-755-3626

Dr. Christian Siebrasse, DDS .....303 SW 7<sup>th</sup> St., Ste. D  
Stuart, IA 50250  
515-523-2521

Eye Care Associates .....Dr. James T. Koch, OD/Dr. James McCauley, OD  
405 State St., Guthrie Center, IA 50115  
641-747-8207  
303 SW 7<sup>th</sup> St., Stuart, IA 50250  
515-523-1300  
611 E. Main St., Panora, IA 50216  
641-755-3699

**Housing/Assistance**

**Genesis Development**

- Offers residential housing for persons with Disabilities .....641-332-2398  
409 State St.  
Jefferson, IA 50129

**Guthrie County Treasurer**

- Iowa Rent Reimbursement .....641-747-3414  
Courthouse • 200 N. 5<sup>th</sup> St.  
Guthrie Center, IA 50115

**New Opportunities, Inc.**

- Homelessness Prevention Rapid Rehousing Program (HPRP).....712-830-8127  
Emergency Food and Shelter Program

**Regional Housing Authority**

- Help low income families and elderly pay rent .....712-792-5560  
320 E.7th St.  
Carroll, IA 51401

**Insurance**

**Elderbridge Agency on Aging**

- Health Insurance Counseling for ages 60 and over .....1-800-243-0678  
712-792-3512  
Elderbridge Agency on Aging  
514 N. Court, Suite 1  
Carroll, IA 51401

**hawk-i**

- Medical Insurance for qualifying children up to age 19 .....www.hawk-i.org  
1-800-257-8563

**Social Security**

- Social Security retirement, disability, survivor and Medicare benefits. Supplemental Security Income For Aged, blind and disabled .....712-792-9000  
.....1-800-772-1213  
628 N. Main St., Suite 104  
Carroll, IA 51401

## Legal

### Consumer Protection Division Office of

#### Attorney General

- Take complaints from the public and file lawsuits .....515-281-5926  
On behalf of the state

1300 E. Walnut  
Hoover Bldg. 2<sup>nd</sup> Floor  
Des Moines, IA 50310

Guthrie County Law Enforcement Dispatch .....641-747-2214

#### Crisis Intervention & Advocacy Center

- Services to victims of domestic abuse, sexual, aide-abuse, homicide  
Assault, and homelessness .....1-800-400-4884 Crisis Line

P.O. Box 40  
Adel, IA 50003

#### Iowa Protection and Advocacy Services, Inc.

- Protect and advocate for the human and legal .....515-278-2502 (voice)  
Rights of persons with mental illnesses and .....515-278-0517 (TDD)  
Physical disabilities.

950 Office Park Rd, Suite 221  
West Des Moines, IA 50265

#### Disability Rights of Iowa

- Advocate for the mentally ill .....800-779-2502

800 E Court Ave STE 300  
Des Moines, IA 50309  
info@driowa.org

#### Juvenile Court Services

- Provides supervision for youth on probation and intake .....515-993-5805  
Children in need of assistance

801 Court  
Adel, IA 50003

#### Legal Services Corporation of Iowa (IA Legal Aid)

- Free legal services to low-income Iowans with .....515-280-3636  
Non-criminal problems that most significantly ..... 1-800-532-1503  
Impact low-income people

1111 9<sup>th</sup> St., Suite 236  
Des Moines, IA 50314

## Mental Health Care

### National Alliance for the Mentally Ill of Iowa (NAMI)

- Services for the mentally ill and their families .....1-515-254-0417  
3839 Merle Hay Rd STE 220  
Des Moines, IA 50310

### Central Point of Coordination

- Residential/work employment services for the .....1-641-828-8149  
Chronically mentally ill-functionally limited 214 Main St.  
Knoxville, IA 50138

### Compassionate Friends

- Support and education for those who have .....516-277-6432  
Experienced the death of a child, sibling 3601 West Town Parkway  
Grandchild, or stepchild West Des Moines, IA 50266  
712-792-9507  
West Central Iowa Chapter  
1621 North Main St, Carroll, IA 51401

### Department of Human Services

- Case management for MR, CMI, or DD .....712-792-4391  
608 N Court St.  
Carroll, IA 51401

### Crisis Intervention & Advocacy Center

- Services for victims of domestic abuse, sexual  
Assault, and homelessness .....1-800-400-4884 24 hour crisis line  
515-993-4095  
1-800-550-0004 Spanish Line  
P.O. Box 40  
Adel, IA 50003

### Family Resource Center (CCCPCA) .....1-712-791-6440

- Children's' Mental Health Waiver Respite services for children with serious emotional disturbances Family Resource Center  
502 W. 7<sup>th</sup> Street  
Carroll, IA 51401  
www.carrollfrc.org
- Home-Based Habilitation services for adults with psychiatric illness

**Judicial Advocate for Mentally Ill Persons**

- Advocate for the mentally ill .....641-747-3415  
515-386-7180  
200 N. 5<sup>th</sup> St.  
Guthrie Center, IA 50115

**Nursing/Residential Facilities/Assisted Living**

**Country View Estates, Inc.**

- Residential Facility .....641-332-2486  
1507 State St.  
Guthrie Center, IA 50115

**The Willows**

- Assisted Living .....515-523-1693  
324 SW 6<sup>th</sup> St.  
Stuart, IA 50250

**Homestead Acres**

- Assisted Living .....641-332-2204  
2306 State St.  
Guthrie Center, IA 50115

**Panora Nursing and Rehab Center**

- Nursing Facility and provides respite and adult day care .....641-755-2700  
805 E. Main St., P.O. Box 69  
Panora, IA 50216

**Stuart Community Care Center**

- Nursing facility and adult day care .....515-523-2815  
325 S.W. 7<sup>th</sup> St., Stuart, IA 50250

**The New Homestead**

- Nursing facility .....641-332-2204  
2306 State St., Guthrie Center, IA 50115

**Local Pharmacies**

**Coon Rapids Pharmacy**

- 515 Main St., Coon Rapids, IA 50058 .....712-999-6337

**Dowd Drug**  
307 State St., Guthrie Center, IA 50115 .....641-747-8317

**Fay Pharmacy**  
400 Audubon, Adair, IA 50002 .....641-742-3440

**Medicap Pharmacy**  
615 E. Main, P.O. Box 216, Panora, IA 50216 .....641-755-2312

**Wright Pharmacy**  
303 SW 7<sup>th</sup> St., Ste. A, Stuart, IA 50250 .....515-523-1525

### **Senior Citizens**

#### **Chore Person Program**

- Provides employment to people over the age of 60 .....641-747-3845  
Assistance to senior citizens with minor household ..... 2002 State St.  
Chores; snow removal, lawn mowing, and simple ..... Guthrie Center, IA 50115  
Home repairs

#### **Congregate Meals**

- Guthrie County Hospital Senior Dining .....641-332-3818  
710 N. 12<sup>th</sup> St.  
Guthrie Center, IA 50115
- Panora Community Center Senior Dining .....641-755-2980  
115 W. Main St.  
Panora, IA 50216
- Stuart Senior Dining .....515-523-2937  
219 NW 2<sup>nd</sup> St.  
Stuart, IA 50250

#### **Elderbridge Agency on Aging**

- Serves as a source of information and advocacy .....712-792-3512  
For older persons and their families .....1-800-543-3265
- Planning funding and coordinating agency ..... 603 N. West St.
- Educational/Informational Programming ..... Carroll, IA 51401  
Addressing a variety of topics of interest to seniors

**Guthrie Activity Center**

• Activities/socialization for the elderly .....641-332-2486  
209 State St.  
Guthrie Center, IA 50115

**Elderly Waiver Services .....1-800-999-5101**

• Respite, CDAC (Consumer Directed Attendant Care) and Home and Vehicle Modification for Seniors on the Elderly Waiver .....  
Family Resource Center  
502 W. 7<sup>th</sup> Street  
Carroll, IA 51401  
www.carrollfrc.org

**Substance Abuse**

New Opportunities, Inc ..... [www.newopp.org](http://www.newopp.org)

**Behavioral Health Services for Treatment and Prevention of Substance Abuse**

411 State St.

Guthrie Center, IA 50115.....Phone/Fax 641-747-3354

- OWI evaluations (call Carroll office to schedule)
- Substance Abuse Evaluations (call Carroll office to schedule)
- Extended Outpatient Treatment
- Intensive Outpatient Treatment
- Continuing Care services
- Inpatient referral service
- Alcohol and drug testing
- Prevention education

Carroll office .....800-810-6244

23751 Hwy 30 E.....712-792-9266

Carroll, IA 51401..... Fax 712-792-1457

St. Gregory's Retreat Center.....712-624-7012

888-778-5833

601 2<sup>nd</sup> St. Bayard, IA 50029

## Transportation

Region XII Council of Governments

[www.region12cog.org](http://www.region12cog.org)

- Western Iowa Transit System .....712-792-9914
- Public Transportation .....Fax 712-792-1712

1009 East Anthony

P.O. Box 768

Carroll, IA 51401

## VETERANS

Guthrie County Commission of Veteran's Affairs

- Rent, utilities and medication assistance .....641-747-2546
- Enrollment into VA Health Care System .....Courthouse

200 N. 5<sup>th</sup> St.

Guthrie Center, IA 50115

VA Central Iowa Health Care System.....712-794-6780

Community Based Outpatient Clinics.....Or 1-855-794-6780

Primary Care Services, Lab services, Pharmacy, Mental Health and Nutrition

## Handy 800 Numbers

AIDS Hotline .....	1-800-342-2437
A.C.E.S.S. (Sexual Assault Services).....	1-800-203-3488
A.C.E.S.S. (Domestic Violence Services).....	1-855-983-4641
Al-Anon, Aleteen Family Group Hotline .....	1-800-344-2666
Alcohol and Drug Abuse .....	1-800-252-6465
Alliance for the Mentally Ill of Iowa .....	1-800-417-0417
Alzheimer's Association .....	1-800-272-3900
American Cancer Society .....	1-800-227-2345
American Diabetic Association .....	1-800-232-3472
American Red Cross .....	1-800-733-2767
Answer Line (Questions relating to home & family).....	1-800-262-3804
Association for Children for Enforcement of Support .....	1-888-229-9223
IA Attorney General (crime victim).....	1-800-373-5044
Attorney Referral Service .....	1-800-532-1108
Bets Off (Gambling Council) .....	1-800-238-7633
Better Business Bureau .....	1-800-222-1600
Child Care Network .....	1-800-722-7619
Child Care Resource and Referral .....	1-800-945-9778



Child/Dependent Adult Abuse Hotline .....	1-800-362-2178
Civil Rights Commission .....	1-800-457-4416
Continuing Education.....	1-800-262-0015
Crime Victim Assistance Program .....	1-800-373-5044
Crisis Intervention and Advocacy Center	
Crisis Line .....	1-800-400-4884
Spanish Line .....	1-800-550-0004
Department of the Blind .....	1-800-362-2587
Department of Human Services .....	1-877-937-3663
Department of Revenue .....	1-800-367-3388
Emergency Management .....	641-332-3030
Equal Employment Opportunity .....	1-800-669-4000
Family Resource Center .....	1-800-999-5101
Federal Information Hotline .....	1-800-688-9889
Guthrie County Mental Health Crisis Line .....	1-800-712-5000
HAWK-I Health Insurance .....	1-800-257-8563
Healthy Families (ISU) .....	1-800-369-2229
Heartland Area Education .....	1-800-362-2720
Hospice of Central Iowa .....	1-800-806-9934
Internal Revenue Service (IRS) .....	1-800-829-3676
Iowa Concerns Hotline .....	1-800-447-1985
Iowa Client Assistance (Dept. of Human Rights .....	1-800-652-4298
Division of Disabilities	
Iowa One Call (Call before you dig).....	1-800-292-8989
Iowa Compass (Disability Information .....	1-800-779-2001
Iowa New Choices, DMACC .....	1-800-362-2127
Iowa Poison Center .....	1-800-222-1222
Iowa Plains Area Mental Health.....	1-800-325-1192
Iowa Protection and Advocacy for the Disabled .....	1-800-779-2502
Legal Services of Iowa (IA Legal Aid) .....	1-800-532-1275
Elderly (Legal Hotline for Older Iowans) .....	1-800-992-8161
Long Term Care Ombudsman.....	1-866-236-1430
Iowa Dept. of Elder Affairs.....	1-800-532-3213
New Opportunities, Inc. ....	1-800-642-6330
PORKLine.....	1-800-808-7675
Quit Line Iowa (quit smoking).....	1-800-784-8669
Radon Line .....	1-800-383-5992
Sexual Abuse Hotline .....	1-800-203-3488
Social Security Administration .....	1-800-772-1213
State Highway Patrol .....	1-800-525-5555
Teen Line .....	1-800-443-8336
Veterans Suicide Hotline.....	1-800-273-8255
United Network Organ Sharing .....	1-888-894-6361
Iowa Plains Area Mental Health.....	1-800-321-7772

Youth Law Center (Under 18) .....1-800-728-1172  
Youth & Shelter (24 hour help).....1-800-600-2330